

Learner Series: Moving Toward Change

Series 6 | Video 2 | Reflection

Critical Love

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Purpose

In this video, Yolanda Sealey-Ruiz describes critical love as “a profound and ethical commitment to the communities that you’re serving” and she shares how children gain new opportunities when they learn to break free of the scripts society places on them.

Background

As humans we all have basic needs, and one need is the desire to be loved and give love in return. However, schools can be places that lack love; this is especially true in schools designed for Black and Brown children. Yolanda Sealey-Ruiz discusses how she sees love at the core of breaking free from stereotypes which can help us all move forward in our humanity and on our journey towards equity.

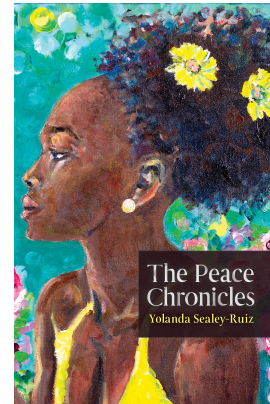
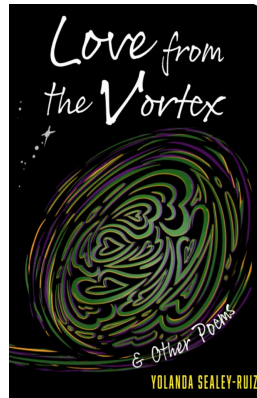
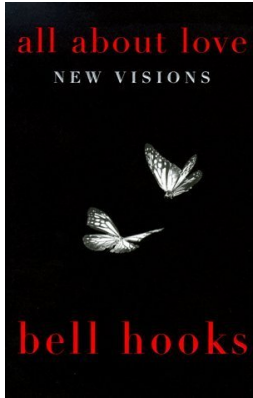
Reflections

What stereotypes are you holding onto about a group or groups of people? Consider gender, race/ethnicity, religion, socioeconomic status, sexuality, nationality, etcetera.

Why do you think you are still holding onto those stereotypes?

How can you break free from them to move forward in your humanity?

Extended Connections



References

Hooks, B. (2000). *All About Love: New Visions*. Women's Press.

Sealey-Ruiz, Y. (2020). *Love from the Vortex & Other Poems* (C. Ramkarran, Ed.). Kaleidoscope Vibrations.

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